

# 形 Nordisk Katamagasin



Nordisk Katamagasin nr. 12 okt. 2010

## Nordic Open Kata Tournament 2010



Winners - Katame-no-kata



German team



Part of the Finnish team



Swiss team being photographed



All participants bowing in

Swedish team



# Nordic Open Kata Tournament



Text and photo: Anne-Grethe Hermansen

**Nordic Open Kata Tournament gikk av stabelen i Helsinki siste lørdagen i august i år. Det var leid en stor, lys hall med både lys og plass til to tatamier, utøvere og publikum. Langs den ene vegg var det også kafe – med hjemmebakke kaker, smørbrød og drikkevarer.**

Alt virket – klokker, tidsskjema, sekretariat og informasjonstavler. Tidsskjemaet holdt også – imponerende organisering!

I begynnelsen fyltes mattene av ivrige judokas med mørke belter. De varmet opp, øvde, fikk tips av hverandre – et skikkelig judoarrangement. Det eneste uvanlige, var at ingen barn deltok – men ellers var ladere på deltakerne fra 18 til 50 (eller der omkring). Det er deilig å se så mange voksne, seriøse utøvere på mattene – her var mye judokunnskap samlet!

I katakonkurranser blandes kjønn etter ønske og tilgang. Tori, uke – samme og forskjellig kjønn. Noen på samme aldre – andre med større spredning. I år var det deltakere fra land utenom Norden – både Tyskland og Sveits stilte med egne delegasjoner – i tillegg til Sverige og Finland. Fra Norge stilte kun en dommer og undertegnede – fra Nordisk Katamagasin. Trist at Norge igjen mister interessen og deltakelsen.

En halv time før stevnet begynner, har man et siste dommermøte. Dommerne blir fordelt, og de siste diskusjoner om regler og bedømming foregår. Siden fredags kveld også hadde vært satt av til dommerseminar, er det bare detaljer som justeres. Stemningen stiger – nå er vi alle straks klare!

Ved innhilsinga ble alle parene presentert – flere judokas skal delta med mer enn en kata – og kanskje med mer enn en partner.

Endelig er vi klare til å begynne!

På tatami 1 starter Ju-no-kata, med to kvinnelige brunbeltene fra Helsinki. De virker litt lett nervøse før de kommer i gang – "Hvordan var det nå all denne innhilsinga skal forgå?" innbiller vi oss at de tenker. Men så komme de i gang, og kataen får en fin "flow". Alle teknikkene kommer, og sitter som de skal, ser det ut som.

På den andre tatamien starter Nage-no-kata. Fallteknikkene smeller i tatamien, hardt, kontant og kompromissløst.

Det er 34 deltakende par som konkurrerer i fem forskjellige kataer. I tre av kataene er det så mange deltakende par at finale arrangeres. I selvforsvarskataene er det færre par, og poengtelling gjelder.

Ut over dagen blir luften tettere i salen, duften av Tigerbalsam sprer seg, utøvere er glade, triste,



Dommerteamene hilses inn.



slitne og energirike. Mange språk snakkes – men fra sekretariatet foregår alt på engelsk..

Etter første runde, leder Finland ved Pasi Oinas og Mika Salsoila nage-no-kata, Sverige leder Katame-no-kata ved Staffan Nilsson og Sabine Schröder og Tyskland Ju-no-kata ved Wolfgang Dax-Romswinkel og Ulla Loosen. Nilsson/Schröder ligger på andre plass i Ju-no-kata også, de er seriøse, allsidige utøvere.

Finalene foregår på en tatami. Først ute er Nage-no-kata med brødparet Diego og Emanuel Velasco fra Sverige (og Argentina) Diego er en rutinert utøver som tidligere har deltatt både i Em og VM, mens Emanuel er nyere i gamet. De gjør en hedelig jobb, og ender på 3.plass.

Diego har for øvrig, mellom innledende- og finnalekataer, rukket å vinne Kime-no-kata med en annen partner, Markku Phil.

Nilsson/Schröder fra Sverige kom på 2. plass i begge sine kataer, slått ut av to tyske par.

Finland fikk både 1. og 2. plass i Nage-no-kata – vi gratulerer! Dessuten vant finnene Kodokan Goshin Jutsu – Flott innsats! (Se egen artikkel med resultatlister).



Det var fem dommere per tatami hele dagen – og man skiftet ut dommerteamene team til finalene. Resultatene ble hentet etter hver kata, og bragt til sekretariatet. Derfor gikk det kort tid fra utøvelse til forliggende resultatlister – og pokalutdelinger.

Store, flotte pokaler ble delt ut – her gjelder det å ha plass til slikt hjemme!

Pokal for beste teknikk – sammenlagt score – gikk til det tyske paret Dax-Romswinkel/Loosen.

Til sist gikk den aller største pokalen (den var diger) til Peter Martin, 7. Dan fra Sverige, for hans innsats for kata og for å ha dratt i gang Nordic Open Kata Championships. En stor takk fra oss alle til Peter Martin!

Den som også kanskje kunne fortjent pokal, var stevnearrangøren Staffan Lindgren fra Hontai Judo-klubb, som sydde sammen et nærmest perfekt arrangement – alle ble hentet og brakt til flyplassen, man ble hentet på hotellet for et lokalt cruise i Helsinkis skjæggård om kvelden – alt fungerte. Og: 45 minutter etter at konkurransen var ferdig var hele salen ryddet og alle matter, teknisk utstyr, mat og stoler ryddet ut og fraktet bort. Fantastisk! Tusen takk til Staffan og hans gode hjelpere for et flott arrangement!



# Nordic Open Kata Tournament



Text and photo: Anne-Grethe Hermansen

## A Norwegian view of the Open Nordic Kata Tournament

The third Nordic Open Kata Tournament was held in Helsinki the last Saturday in August this year. The tournament was arranged in a rented hall, high ceilinged and well-lit, with room for two tatamis, as well as participants and audience. Along one wall was a café with home-made cakes, sandwiches, soft drinks and coffee. The two tables for the judges as well as the trophy display ran along one long side of the tatamis.

Everything worked: the clock, the scorekeeping and the information board. Even the schedule for the day worked—no last minute announcements of changes!

At the start the mats were filled with enthusiastic judoka with dark-colored belts. Warming up, practicing and giving each other tips—a real judo event. The only unusual thing was that there were no children participating. But otherwise the participants were from 18 to 50 or so. Really nice to see so many adult, serious participants on the mats—a lot of judo knowledge gathered in one place.

In kata competitions men and women participate equally. So the pairs were made up of men and women, both mixed pairs as well as all male or all female. In addition there were no age classes at this event (age classes are held some places), so the pairs were made up of the same age groups, or spanning generations. This year participants came from outside of the Nordic countries –Germany and Switzerland both had teams taking part! Sweden and Finland were well represented with teams. From Norway only one judge and this reporter from the Nordic Kata Magazin. It was sad that Norway was not represented after having done well the last two years.

A half-hour before the event began the last judges meeting is called. The judges are assigned their katas and the last questions handled by the organizers and the head judge, Peter Martin, 7.dan, Sweden. Two teams of judges, the head judge for each kata and the score card numbers for the judges. Since the main

judges meeting had been held Friday night, only details are adjusted. Anticipation mounts—soon all is ready!

The line-up presentation on the mats called and each team is presented—many judokas are presenting more than one kata, and some with different partners. 34 pairs are participating in the standard first five Kodokan katas. So many pairs that finals are planned for three of the katas! In the self-defence katas there are fewer teams, and the first round of scores decide the outcome.

As the day wears on the air in the hall is heavier, the scent of Tiger Basalm spreads, the participants are happy, sad, tired, energetic. Many languages are heard, but the score-keeping and organizing are both in English.

At the end of the first round for all the katas, Pasi Oinas and Mika Salsoila from Finland are in first place in the Nage-no-kata. Staffan Nilsson and Sabine Schröder from Sweden are in the first place in Katame-no-kata and Wolfgang Dax-Romswinkel and Ulla Loosen from Germany are in the first place in the Ju-no-kata. Nilsson/Schröder take in second place in the Ju-no-kata as well—serious, all-around judoka.

The finals are held on one tatami. First up in Nage-no-kata the brothers Diego and Emanuel Velasco from Sweden (and Argentina). Diego is an experienced judoka, having earlier participated in several EJU European Kata Tournaments and IJF World Kata Tournaments, while Emmanuel is just starting his kata competition career. They present a good kata, and are placed third. Diego and his partner Markku Phil from Sweden have already taken first place in the Kime-no-kata.



In the finals Nilsson/Schröder had second place results in both of their katas (Ju-no-kata and Katame-no-kata), the first places in each kata went to the German teams.

Finland took 1. and 2. place in Nage-no-kata! And even placed first in the Kodokan Goshin-jutsu! Well-done! (A complete list of the results is presented elsewhere in this magazine.)

The 5 person judging teams are in place for the whole event. For the finals the teams are changed out. The head judge for each team collects the judge's scores before the competing pair has left the tatamis and they are immediately collected by a courier who rushes them to the score-keepers. Since Staffan Lindgren had such a good computer system, it takes only minutes before the results are up on the information board. The kata pairs are ranked continuously. Thus little time is lost from the end of kata to the result lists—and the awarding if the trophies.

Big and handsome trophies were awarded—trophies that one definitely wants room at home to display them! Trophy for best technique (best total score) went to Dax Romswinkel/Loosen, Germany.

The definitely largest trophy went to Peter Martin, 7. Dan, Sweden, for his efforts to promote judo and for having created the Nordic Open Kata Tournament and organized it the past two years. A big thanks to Peter Martin for all of us.

Staffan Lindgren, 5. dan, Hontai Judoklubb, Finland deserved a trophy for his organizing of the event. A close to perfect event with many fine and difficult to coordinate details carried out flawlessly. From the team of volunteers who collected and delivered the participants to and from the airport, the guides who led the way to the training and restaurants, the delicious food at the event—everything worked. The pièce de résistance was the fact that in less than 45 minutes after the last trophy was awarded, the whole hall was cleared of mats, technical equipments, food and chairs, and freighted away!

Fantastic! A thousand thanks to Staffan and his fantastic helpers for a great event!



Sweden's Peter Martin gets his large trophy!





# Jonna and Henna and Ju-no-kata

The first pair to do the Ju-no-kata in the 2nd Nordic Open Kata Tournament, were the two brown-belts Jonna Marttila and Henna Ahola from Tikurilan Judokat. They have both played Judo for years – since they were young children, they say.

*Text and photo: Anne-Grethe Hermansen*

-We started practicing Ju-no kata together about 9 months ago, and this summer we have practiced a lot, they tell me in a break.

They both are helping out with the filming of the katas in between participating, and have a busy day, it seems.

-It was rough being the first to show the kata, but it went well, they continue.

-We found the flow – and knew we did all the techniques correct.

They look at each other and smile. It was Jonna that first started practicing Ju.no-kata few years ago. Jonna and Henna had both done the Nage-no-kata earlier, but as some of the black-belts in their club started practicing Ju-no-kata, Jonna was fascinated. She talked Henna into trying a bit, and soon they both were Ju-no-bitten.

-I never thought I would like it, Henna admits. It was so different from Nage-no-kata, and all other judo I had done earlier. -But I soon changed my mind!

-Our club has many of the participating couples here, Henna continues. –We have five or six couples, and some of them participate in several katas. Her smile is proud.

-Kata is a big part of our training these days. Our club has mostly regular judo training, but we train kata once a week. But Jonna and I have of course practiced more than that. We have some free trainings every week where Ju-no kata was on our program, and of course we practiced when the dojo was empty.

-Kata is not an issue in our club, Jonna explains. It is a part of judo, and we practice all parts! But not all focus is on our favorite kata. A lot of focus is on the Nage-no kata, and other katas as well. But two of our black-belts have shown us, and now some times we practice together as a group. But mostly we practice alone

The above mentioned black-belts were placed third in the tournament – but we didn't know at this time.

-Ritva and Kirsi have taught us a lot, the young women continue.

-The advantage of starting early, is that you finish early, they both agree – and think that their performance went as good as it could!

Jonna and Henna placed 6<sup>th</sup> of 8 participating couples – but they participated – and next time they will be even better!



*Two good friends, playing and competing in the Nordic Open Kata Championship.*

# Same name couple



*Participating in both Ju-no-kata and Kime-no-kata, the Jarvinen couple*



*Text and photo: Anne-Grethe Hermansen*

**Participating in Ju-no-kata and Kime-no-kata were two men with the same name – that made us curious. We decided to look them up and ask:**

-What is the relation between you two?

-We are father and son, they told us.

This turned out to be a unique couple: Father and son – almost the only ones to train kata in one of the very big clubs in Finland.

-In our club people only train shiai, Antti, son of Ari tells us.

-When they get too old to beat up the younger ones, they quit, no matter what we say. We have asked them time after time, but no! It is such a shame – there should have been more of us from our club!

-We have an IJF kata judge in our club, but not even he can make people come – it is such a shame, Ari, father of Antti says.

They both think it would have been much more fun if more participants from their club had been there. But the three club-members, who are there, are certainly doing a good job! Ari and Antti competing and Jaakko Hannula, IJF Kata Judge is judging.

-We have been doing kata for five to ten years, they tell me. Before that we did shiai.

Ari has been doing judo for 40 years, and Antti for 20. They both must have been pretty young when they started – they are very bouncy!

-Participating in the Kata Tournament is good, Antti thinks. We all compete in the same categories; there are no differences between sexes and ages. That makes it all more fun!

We caught them between katas – and they admit to liking Kime-no-kata best. It is more forceful and quicker. But Ju-no-kata is no ballet either. It has to have force – uke attacks and tory defends.

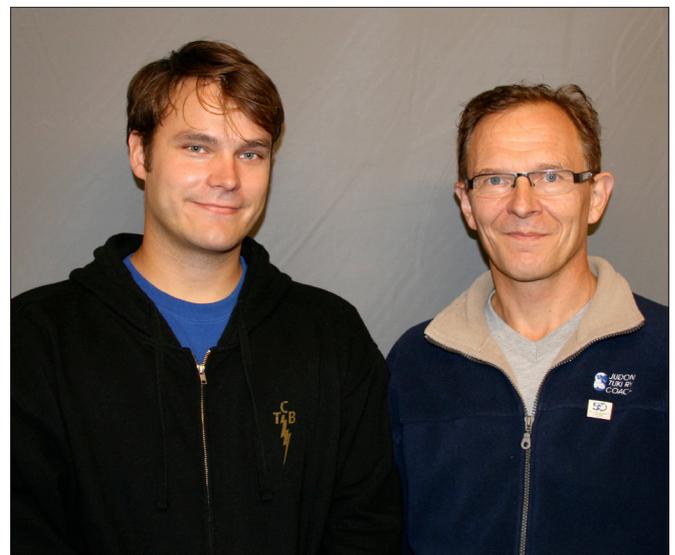
-The Ju-no-kata has to have strength, they both agree.

We carefully ask if being father and son raises any problems on the mats. They look at each other.

-No!

They both agree. Maybe it was a little complicated when we both were younger, but now it is cool. It feels totally normal and good.

-Judo makes us stay in shape; it gives us condition, the two men from Tapanilan Eran Judo Club finishes.



*Same name couple, Antti and Ari Jarvinen*

# Resultatene/ The results

er her: [http://www.judohontai.com/kata/nordic\\_open\\_2010/NOKT2010-Results.htm](http://www.judohontai.com/kata/nordic_open_2010/NOKT2010-Results.htm)  
og flere bilder finner du her: <http://www.flickr.com/photos/53511700@N06/tags/nordicopen/>  
på Judohontai sine hjemmesider.

## ***Terminliste 2010/2011***

### **2010**

6th to 7th November, European Kata Tournaments, Venice, Italy

### **2011**

Spring , Itsutsu -no- kata and Koshiki-no-kata, Iura sensei, Borås, Sweden

May, Kata World Tournaments, Egypt

# Nordic kata council

Jaako Hannula, IJF kata judge, and Staffan Lindgren, IJF kata judge, took the initiative to form an unaffiliated kata interest organization.

The vision for this interest organization would be the practice of judo in its entirety.

The goal of the organization would be promoting the place of kata in the development of the complete judoka.

Strategy will include establishing an electronic kata network for including all Nordic countries, using available fora to disseminate information on learning opportunities, encouraging participation in all kata trainings, seminars, courses and competitions in the Nordic countries, and facilitating contact between those who wish to learn kata and those who are available to teach.

With this in mind they have invited judoka in the Nordic countries known to be active in promoting kata to join them in creating the Nordic Kata Council. Peter Martin, 7th dan, IJF kata judge has been asked, and has agreed, to head the council.

Other council members currently are : Åke Bransell, 6th dan, IJF kata judge; Arttu Laitinen 4th dan, EJU kata judge; Mikko Tuominen, 4th dan, kata competitor; Rosalie A. Evans, 5th dan , EJU kata judge.

Hopefully this will be the start of a pool of human resources that clubs and organizations will call upon for advice and aid in arranging seminars, courses and competitions and information on how to participate in kata events around the world.